

## *IMPORTANT INFORMATION*

Dear Parent/Guardian,

An annual physical is required for 7<sup>th</sup>-12<sup>th</sup> graders who would like to participate in school sports. Attached is the SVE ***Athletic Health History*** (2 sided) which must be completed by a student's parent/guardian prior to the student receiving a physical at school.

The nurses have noticed that many students have a physical done at school and another done by their private provider within a few months period. This is redundant for everyone. Physicals done in the school setting cost the district several thousand dollars annually. In light of the school district's budget issues, we feel there is an opportunity to help reduce the cost to the district. If you are able, we are requesting that your child be seen by their private health care provider for a physical exam instead of having one done at school. Students typically receive a more thorough physical from their health care provider as they know the child and their medical history.

If a child needs medication (OTC or prescription) any time during school hours or field trips, by law, a health care provider's order is required. Usually a provider will not order medication, and often will not give required vaccinations, unless the student has been to them for a current physical.

If your child will have, or has had a physical exam performed by their healthcare provider, please ask them to forward a copy of it to the school nurse. The fax number is **607-589-3003** for all three nurses. It is advisable you request a copy to keep for your own reference as well.

If however, you would like your child to receive the physical at school, please complete the attached ***Athletic Health History*** and return it to the nurse in your child's building, no later than **May 10<sup>th</sup>**. The physicals are scheduled to be done on **May 17<sup>th</sup>**, at both the middle and high schools.

If you should have any questions, please contact the nurse in your child's school.

Sincerely,

MS Donna Gulde, RN, 589-7128

HS Teri Vallely, RN 589-7148