

May 2018

SPENCER VAN-ETTEN SCHOOL

Monday

Tuesday

Wednesday

Thursday

Friday

1
CHICKEN PATTY
SERVED ON A WHOLE
WHEAT ROLL LETTUCE
TOMATOE MAYONAISE
WEDGE CUT FRENCH
FRIES
SEASONED BROCCOLI
STRAWBERRY CUPS

2
BUILD A SUB DAY!
SLICED TURKEY BREAST
TUNA SALAD OR
EGG SALAD
SERVED ON A WHOLE
WHEAT ROLL
LETTUCE,TOMATOE,
PICKLES,
PASTA SALAD

3
HOMEMADE MEATLOAF
SEASONED GROUND
BEEF,BREAD
CRUMBS,EGGS AND
SEASONINGS
FRESH MADE MASHED
POTATOES
BROWN GRAVY
STEAMED GREEN PEAS

4
PASTA
MARNARA SAUCE
MEDLEY OF STEAMED
VEGETABLES
FRESH FRUIT CUPS
WHOLE WHEAT DINNER
ROLL
MARGARINE

7
BAKED POTATOE BAR
FILLED WITH YOUR CHOICE OF
CHEESE,BROCCOLI,OR CHILE
AND CHEESE
SAUTE FRESH
ZUCHINNI/GARLIC
FRESH FRUIT SELECTIONS

8
PASTA
AND
MEAT SAUCE
STEAMED SEASONED
GREEN BEANS
GARLIC TOAST
SEEDLESS GRAPES

9
HOT DOGS
SERVED ON A WHOLE
WHEAT ROLL
TATER TOTS
SEASONED CORN
APPLE SAUCE

10
MEATBALL SUBS
SERVED ON A WHOLE
WHEAT ROLL
PARSLIED BOILED
POTATOES
STEAMED GREEN BEANS
FRESH FRUIT
SELECTIONS

11
CHEESE
PIZZA
SWEET POTATOE FRIES
STEAMED CAULIFLOWER
AND BROCCOLI
FIELD GREENS WITH
CHOICE OF SALAD
DRESSING

14
BBQ CHICKEN IN A
TANGY RED SAUCE
SALT POTATOES
SEASONED CORN
BAKING POWDER
BISCUIT
MARGARINE

15
SWEEDISH MEATBALLS
SERVED OVER RICE
STEAMED SEASONED
GREEN BEANS
APPLE SAUCE

16
SEASONED
MEXICAN FAJAHTI
CHICKEN SEVED OVER
RICE
CORN O'BRIEN
(DICED RED PEPPERS)

17
PARMESAN CHICKEN
TOMATOE SAUCE
MOZZARELLA CHEESE
SIDE OF PASTA
SAUTE FRESH YELLOW
SQUASH WITH OLIVE OIL
AND GARLIC
WHOLE WHEAT ROLL
MARGARINE

18
MACARONI
AND
CHEESE
STEAMED GREEN PEAS
WW BREAD AND
MARGARINE
STRAWBERRY CUPS

21
HIGH SCHOOL
ITALIAN SAUSAGE
PATTY
ONIONS/PEPPERS
MIDDLE
SCHOOL/ELEMENTARY
HAMBURGERS
FRENCH FRIES
STEAMED CARROTS

22
TACO TUESDAY
SEASONED GROUND
BEEF
CRISPY CORN SHELL
SHREDDED
LETTUCE,DICED
TOMATOES
MEXICAN CORN
SOUR CREAM,SALSA

23
TURKEY SUB
SERVED ON A WHOLE
WHEAT ROLL
LETTUCE,TOMATOE.DILL
PIOCKLES
RED SLICED ONIONS
HIGH SCHOOL ONLY
VARIETY BAG SNACK

24
GRILLED CHEESE
SANDWICH
ON WHOLE WHEAT
BREAD
CAMPBELL'S TOMATO
SOUP
MEDLEY OF FRESH
STEAMED VEGETABLES

25
MEMORIAL DAY
WEEKEND
NO SCHOOL

28
MEMORIAL DAY
REMEMBERING OUR
VETERANS!

29
CHEESE PIZZA
STEAMED BROCCOLI
WEDGE CUT SWEET
POTATOE FRIES
FIELD GREEN SALADS WITH
ITALIAN DRESSING

30
CHICKEN PATTY SERVED
ON A WHOLE WHEAT
ROLL LETTUCE
TOMATOE MAYONAISE
TATAR TOTS
DILL PICKLES

31
PASTA
MARNARA SAUCE
MEDLEY OF STEAMED
FRESH VEGETABLES
FRESH FRUIT CUPS
WHOLE WHEAT DINNER
ROLL
MARGARINE

Did you Know...
The birthstone of
May, the emerald,
symbolizes success
and love.

A La Carte

P&B JELLY SANDWICH
FRESH SIDE SALADS
VARIETY CONDIMENTS
FRESH FRUIT/CANNED
FRUIT IN EXTRA LITE
SYRUP
100% WHOLE GRAIN
ENRICHED BREAD AND
ROLLS
100% ONLY FRUIT JUICE
TUE/THUR ELEM/MIDDLE
EVERY DAY AT HIGH SCH
SKIM & FAT FREE CHOC
SALAD BAR EVERY DAY @
HIGH SCHOOL
BREAKFAST \$1.25
LUNCH ELEM \$2.30
MS/HS \$2.55
REDUCED \$.25
ADULTS \$4.25

School News

BREAKFAST MENU:
MON: COLD CEREAL
TUE: BRKFAST ON STICK
WED: FRUIT SMOOTHIE
THU: BRKFAST SANDWICH
FRI: YOGURT PARFAIT
ASSORT
CEREALS,GRANOLA
BARS,GRAHAM
CRACKERS EVERY
MORNING AT ALL 3
SCHOOLS.
IF YOUR FINANCIAL
SITUATION CHANGED
RECENTLY YOU MAY BE
ELIGIBLE FOR FREE AND
OR REDUCED
MEALS.CHECK OUR WEB
SITE FOR
DETAILS;QUESTIONS
JERRY CARR FOOD
SERVICE DIRECTOR 589-
7150