

## MONDAY

## TUESDAY

## WEDNESDAY

## THURSDAY

## FRIDAY

### DID YOU KNOW...

Alexander Graham Bell made the first ever phone call on 10 March 1876. He called his assistant and said "Mr Watson, come here. I want to see you."

1  
GRILLED CHEESE  
ON TOASTED WHEAT  
BREAD  
CAMPBELLS TOMATO  
SOUP  
STEAMED PARSLIED  
POTATOES  
FIELD GREENS SALAD  
RANCH DRESSING

4  
CHEESE BURGERS  
SERVED ON A WHEAT  
ROLL  
FRENCH FRIES  
SEASONED CARROTS  
APPLE SAUCE CUPS

5  
IN OUR WOK  
STIR FRIED CHICKEN  
AND BROCCOLI  
STEAMED RICE  
EGG DROP SOUP

6  
BRUNCH LUNCH  
SCRAMBLED EGGS  
FRENCH TOAST STICKS  
HOME FRIED POTATOES  
SAUSAGE LINKS  
MAPLE FLAVORED  
SYRUP

7  
HALF DAY SCHOOL  
EPK-6 ONLY  
TURKEY MEATLOAF  
FRESHLY GROUND  
TURKEY  
MASHED POTATOES  
PAN GRAVY  
PETITE PEAS  
FRESH FRUIT

8  
PIZZA  
BACON CHICKEN RANCH  
MADE ON FRESH DOUGH  
STEAMED BROCCOLI  
FIELD GREENS WITH  
ITALIAN DRESSING

11  
CHICKEN NOODLE  
CASSEROLE  
BREAST MEAT DICED IN A  
CREAMY WHITE SAUCE  
WITH EGG NOODLES  
SAUTEED  
MEDLEY OF FRESH  
VEGETABLES

12  
PASTA  
AND  
MARINARA SAUCE  
FIELD GREENS SALAD  
RANCH DRESSING  
CHEESE PIZZA POINTS

13  
TURKEY  
SUBS  
SLICED TURKEY BREAST  
SERVED ON A ROLL WITH  
CHOICE OF CONDIMENTS  
TOMATOES  
SHREDDED LETTUCE  
CHEESE  
DILL PICKLES SLICES

14  
MACARONI  
AND  
CHEESE  
YELLOW CHEDDAR  
CHEESE  
STEAMED PETITE PEAS  
FRESH FRUIT  
SELECTIONS

15  
CHEESE QUICHE  
BLEND OF 3 CHEESES  
MIXED WITH MILK AND  
EGGS BAKED IN A  
FLAKEY PIE SHELL  
STEAMED BROCCOLI  
DICED PEACHES IN A  
EXTRA LITE SYRUP  
WHOLE WHEAT ROLL

18  
CHICKEN PATTY  
SERVED ON A WHEAT  
ROLL  
SWEET POTATO FRIES  
STIR FRY BROCCOLI  
ASSORTED FRUIT CUPS

19  
SPAGHETTI  
AND  
MEAT SAUCE  
PARMESAN CHEESE  
GARLIC  
GREEN BEANS  
CHEESE TOAST  
FIELD GREENS SALAD

20  
SHEPHERD'S PIE  
SEASONED GROUND  
BEEF LAYERED WITH  
CORN AND TOPPED  
WITH MASHED  
POTATOES  
FRESH FRUIT CUPS

21  
BBQ CHICKEN  
DICED ALL BREAST  
MEAT SEASONED WITH  
TRADITIONAL BBQ  
SAUCE  
SERVED ON A WHOLE  
WHEAT ROLL  
PASTA SALAD

22  
CHEESE PIZZA  
MADE ON FRESH DOUGH  
AND TOPPED WITH  
MOZZARELLA CHEESE  
SEASONED GREEN  
BEANS

25  
CHICKEN BURRITO  
FLOUR TORTILLA  
FILLED WITH SAVORY  
DICED CHICKEN GREEN  
CHILES PINTO BEANS  
SHREDDED CHEESE  
RICE  
MEXICAN CORN

26  
TACO TUESDAY  
SEASONED GROUND BEEF  
SERVED IN A CRISPY  
CORN SHELL  
LOADED WITH SHREDDED  
LETTUCE CHEESE SOUR  
CREAM

27  
BRUNCH LUNCH  
SCRAMBLED EGGS  
WAFFLES  
HOME FRIED POTATOES  
SAUSAGE PATTY  
MAPLE FLAVORED  
SYRUP  
APPLE SAUCE

28  
HOT DOG  
ALL BEEF  
SERVED ON A WHEAT  
ROLL  
HOME MADE  
POTATO OR MACARONI  
SALAD

29  
GRILLED CHEESE  
ON TOASTED WHEAT  
BREAD  
CAMPBELLS TOMATO  
SOUP  
TATER TOTS  
FIELD GREENS  
RANCH DRESSING

### A La Carte

PB & JELLY  
FRESH SIDE SALADS  
VARIETY OF CONDIMENTS  
FRESH FRUIT SELECTIONS  
CANNED FRUIT  
100% WHOLE GRAIN  
BREAD AND ROLLS  
100% FRUIT JUICE  
TUE/THUR ELEM& MIDDLE  
1% MILK AND SKIM CHOC  
SALAD BAR EVERY DAY  
AT HIGH SCHOOL

BREAKFAST	\$1.35
LUNCH ELEM	\$2.40
MS/HS	\$2.65
REDUCED	\$.25
ADULTS	\$4.50

### School News

BREAKFAST MENU  
MON: Breakfast sandwich  
Tue: Pancake on a stick  
Wed: French tst/sausage  
Thur: Breakfast pizza  
Fri: Bagels & cream cheese  
Cold cereal available every  
day, granola bars, graham crackers  
Menu subject to change without  
notice  
Questions or concerns:  
Jerry Carr Food Service  
Director 589-7150 High School  
If your employment situation has  
changed your child may be  
eligible for free/reduced meals  
Check our website for details  
svcsd.org CALL ME  
I MAY BE ABLE TO HELP