

# FEBRUARY 2018

## SPENCER VAN-ETTEN CENTRAL SCHOOL

**MONDAY**

**TUESDAY**

**WEDNESDAY**

**THURSDAY**

**FRIDAY**

### DID YOU KNOW...

BEFORE JULIUS CAESAR'S CALENDAR REFORM OF 45BC, FEBRUARY WAS THE ONLY MONTH WITH AN EVEN NUMBER OF DAYS. ALL THE REST HAD 29 OR 31.

**5**  
PASTA AND MARNARA SAUCE  
SEASONED GREEN BEANS  
FRESH FRUIT SELECTIONS  
GARLIC TOAST WITH MOZERALLA CHEESE

**6**  
SLICED TURKEY BREAST ON A WHEAT ROLL  
LETTUCE, TOMATO AND CHEESE. CONDIMENT: MAYONAISE OR MUSTARD  
FRENCH FRIES

**7**  
MOMS MEATLOAF WHIPPED POTATOS  
BROWN GRAVY  
SEASONED CORN  
WHEAT ROLL  
MARGARINE  
STRAWBERRY CUP

**1**  
CHICKEN PATTY SERVED ON WHEAT ROLL  
LETTUCE, TOMATO  
MAYONAISE  
TATER TOTS  
FRESH FRUIT SELECTIONS

**2**  
SLOPPY JOE  
SEASONED GROUND BEEF IN A TANGY TOMATO SAUCE  
SERVED ON A WHEAT ROLL  
SWEET POTATO FRIES  
APPLE SAUCE

**8**  
CHICKEN FAJITA SIMMERED IN A TOMATO BASED SAUCE SERVED OVER RICE  
STEAMED PARSLEY  
BUTTERED CARROTS

**9**  
CHEESE PIZZA  
STEAMED BROCCOLI  
FIELD GREEN SALADS  
ITALIAN DRESSING  
FRESH FRUIT SELECTIONS

**12**  
HOT DOGS SERVED ON WHEAT ROLL  
CONDIMENTS  
KETCHUP, MUSTARD  
RELISH DILL PICKLE SLICES  
FRENCH FRIES  
APPLE SAUCE

**13**  
SHEPPARDS PIE  
SEASONED GROUND BEEF LAYERED WITH CORN AND TOPPED WITH MASHED POTATOS  
WHEAT DINNER ROLL  
MARGARINE PAT  
CANNED FRUIT IN EXTRA LITE SYRUP

**14**  
VALENTINES DAY OVEN BAKED CHICKEN  
MASHED POTATOS  
CHICKEN GRAVY  
STEAMED BUTTERED CORN  
ICE CREAM DIXIE CUP FOR THOSE WHO PACK TOO

**15**  
BRUNCH LUNCH  
SCRAMBLED EGGS  
FRENCH TOAST STICKS  
TATER TOTS  
SAUSAGE PATTY  
MAPLE SYRUP CUPS

**16**  
NO SCHOOL  
PRESIDENTS DAY

**19**  
NO SCHOOL  
PRESIDENTS DAY

**20**  
BUILD A SUB DAY  
SLICED GERMAN BOLOGNA, TUNAFISH OR EGG SALAD  
SHREDDED LETTUCE, TOMATOS, CHEESE  
PASTA SALAD  
FRUITED JELL-O

**21**  
PASTA AND MEAT SAUCE  
GROUND BEEF  
SIMMERED IN A TOMATO SAUCE  
STEAMED SEASONED GREEN BEANS  
WHEAT ROLL  
PAT MARGARINE

**22**  
TACO SALAD  
CRISPY CORN BOWL FILLED WITH SHREDDED LETTUCE, DICED TOMATOS, SEASONED FAJITA MEAT SERVED WITH MEXICAN RANCH DRESSING  
WHEAT DINNER ROLL

**23**  
GRILLED CHEESE ON TOASTED WHEAT BREAD  
CAMPBELLS TOMATO SOUP  
STEAMED PARSLEY POTATOS  
FIELD GREEN SALADS

**26**  
BEEF STROGANOFF  
SEASONED GROUND BEEF IN A BROWN SAUCE, SOUR CREAM SERVED OVER EGG NOODLES

**27**  
MEAT BALL SUBS SERVED ON A WHEAT ROLL  
SWEET POTATO FRIES  
SAUTE ZUCHINI  
FRESH FRUIT CUPS

**28**  
CHICKEN SPEEDIES  
MARINATED CHICKEN BREAST IN A OIL VINEGAR BASE, GARLIC AND OREGANO SERVED ON A WHEAT ROLL  
STIR FRIED RICE AND VEGETABLES

### A La Carte

P&B JELLY SANDWICH  
FRESH TOSSED SALADS  
FRESH FRUIT CUPS  
FRESH PIECES OF FRUIT  
100% ENRICHED BREAD AND ROLLS  
100% ONLY FRUIT JUICE (TUES, THU) ELEM/MIDDLE SCH EVERY DAY AT HS  
SKIM AND FAT FREE CHOC MILK ONLY SERVED

#### PRICING:

BREAKFAST	\$ 1.20
LUNCH ELM	\$2.15
MS & HS	\$2.55
ADULT LUNCH	\$4.25

### School News

BREAKFAST MENU:  
MON: COLD CEREAL  
TUE: BRKFAST ON STICK  
WED: BREAKFAST PIZZA  
THU: BRKFAST SANDWICH  
FRI: FRUIT SMOOTHIE  
ASSORT CEREALS, GRANOLA BARS, GRAHAM CRACKERS, AVAILABLE EVERY MORNING AT ALL THREE SCHOOLS. IF YOUR FINANCIAL SITUATION CHANGED RECENTLY YOU MAY BE ELIGIBLE FOR FREE AND OR REDUCED MEALS. CHECK OUR WEB SITE FOR DETAILS: QUESTIONS JERRY CALL FOOD SERVICE DIRECTOR 589-7150 I CAN HELP WITH FORMS

