

APRIL 2019

SPENCER-VAN ETTEN

Monday

1
 CHICKEN PATTY
 SERVED ON A
 WHEAT ROLL
 FRENCH FRIES
 SEASONED CORN
 LETTUCE
 TOMATO
 DILL PICKLE SLICES
 MAYONAISE

8
 IN OUR WOK
 STIR FRY
 CHICKEN AND BROCCOLI
 STEAMED RICE
 VEGETARIAN
 VEGETABLE SOUP

15
 SPRING
 RECESS

22
 CHICKEN PATTY
 SERVED ON A
 WHEAT ROLL
 FRENCH FRIES
 SEASONED CORN
 LETTUCE TOMATO
 DILL PICKLE SLICES
 MAYONAISE

29
 CHEESE PIZZA
 MADE ON FRESH DOUGH
 TOMATO SAUCE
 TOPPED WITH
 MOZZARELLA CHEESE
 SEASONED
 GREEN BEANS

Tuesday

2
 PASTA AND
 MARINARA SAUCE
 FIELD GREENS
 RANCH DRESSING
 WHOLE WHEAT
 DINNER ROLL
 ASSORTMENT OF FRUIT

9
 HAMBURGERS
 SERVED ON
 WHOLE WHEAT ROLL
 LETTUCE, TOMATO,
 DILL PICKLE SLICES
 FRENCH FRIES
 KETCHUP
 SEASONED CORN

16
 SPRING
 RECESS

23
 TACO TUESDAY
 SEASONED
 GROUND BEEF IN A
 CRISPY CORN SHELL
 LOADED WITH
 MEXICAN BEANS,
 SHREDDED LETTUCE,
 DICED TOMATO,
 CHEESE, SALSA
 SOUR CREAM

30
 HOT TURKEY
 SANDWICH
 OPEN FACE ON
 ONE SLICE OF BREAD
 MASHED POTATOS
 GRAVY
 SEASONED CORN

Wednesday

3
 BRUNCH LUNCH
 SCRAMBLED EGGS
 FRENCH TOAST STICKS
 TATER TOTS
 SAUSAGE LINKS
 MAPLE FLAVORED
 SYRUP
 APPLE SAUCE

10
 TURKEY SUBS
 AT ELEMENTARY.
 BUILD A SUB DAY AT
 MIDDLE & HIGH SCHOOL
 TURKEY,
 SLICED HAM, TUNA FISH
 OR EGG SALAD
 CONDIMENTS
 VEGETABLE STICKS
 RANCH

17
 SPRING
 RECESS

24
 CHICKEN FAJITA
 SEASONED
 CHICKEN MEAT IN A
 SEASONED
 TOMATO BASED SAUCE
 SERVE OVER RICE
 STEAMED GREEN BEANS
 MIXED BERRY CUP

DID YOU KNOW...

April is named after the Greek goddess of love, Aphrodite. In the Roman calendar, the fourth month April is spelled Aprilis, meaning "to open." Festivals which were planned for April included Parrilla, a day celebrating the founding of Rome.

Thursday

4
 CHICKEN NOODLE
 CASSEROLE
 BREAST MEAT DICED IN
 A CREAMY WHITE
 SAUCE WITH
 EGG NOODLES
 STEAMED PEAS
 WHOLE WHEAT
 DINNER ROLL

11
 MARINATED
 CHICKEN SPEEDIES
 ALL WHITE MEAT
 IN OIL, VINEGAR,
 GARLIC, OREGANO
 SERVED ON A
 WHEAT ROLL
 VEGETABLE FRIED RICE

18
 SPRING
 RECESS

25
 CHICKEN ALA KING
 DICED CHICKEN MEAT
 IN A CREAMY
 WHITE SAUCE
 SERVED OVER RICE
 STEAMED GREEN PEAS
 FIELD GREEN SALADS
 RANCH DRESSING

Friday

5
 CHEESE PIZZA
 MADE ON
 FRESH DOUGH
 TOMATO SAUCE
 TOPPED WITH
 MOZZARELLA CHEESE
 SEASONED
 GREEN BEANS

12
 GRILLED CHEESE
 AND CAMPBELL'S
 TOMATO SOUP
 FRENCH FRIES
 KETCHUP
 FIELD GREENS
 ITALIAN DRESSING
 FRUIT SELECTION

19
 SPRING
 RECESS

26
 LETS HAVE A PICNIC!
 HAMBURGERS,
 HOT DOGS
 MACARONI
 PASTA SALAD,
 COLESLAW, LETTUCE,
 TOMATOS,
 DILL PICKLE SLICES
 POTATO CHIPS

A La Carte

P&B JELLY SANDWICH
 FRESH SIDE SALADS
 VARIETY CONDIMENTS
 FRESH FRUIT CHOICES
 CANNED FRUIT IN
 EXTRA LITE SYRUP ONLY
 100% WHOLE GRAIN
 BREAD AND ROLLS
 100% FRUIT JUICE
 TUE/THUR ELEM & MIDDLE
 1% MILK AND SKIM CHOC
 SALAD BAR EVERY DAY
 AT HIGH SCHOOL

BREAKFAST	\$1.35
LUNCH ELEM	\$2.40
MS/HS	\$2.65
REDUCED	\$.25
ADULTS	\$4.50

School News

BREAKFAST MENU:
 MON: Breakfast sandwich
 TUE: Pancake on a stick
 WED: French tst/sausage
 THUR: Breakfast pizza
 FRI: Bagels & cream cheese

Cold cereal available
 every day, granola bars,
 graham crackers

*Menu subject to change
 without notice*

Questions/Comments
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